

Kumite RulesEKO - 2017
EKA - 2017Edited:
December 10, 2016

The rules could be adjusted to the event's circumstances and to the regulations applied in the hosting country.

- During the conduction of the match only 1 (one) match official or fighter from the same country may be present in the match area.
- If scores are even the competitor who has been penalised with a *Genten* must lose.
- There must be 3 out of the 5 votes (Majority) for any decision or penalty to be awarded.
- Any change of these rules for tournaments, because of any country's laws or others, must be indicated in the formal invitation for the tournament.
- The Tournament schedule is to be strictly followed, but in case of an unavoidable situation, the Tournament Executive Committee Chairman may decide to change the tournament schedule, after consultation with the Head Referee.
- Neither the European Kyokushin-karate Organization (EKO), nor the officers of the Organization of the hosting country will be responsible in any way for any injury or accident that may occur during the tournament. It is the full responsibility of the individual competitor to secure and make his/her own arrangements for an insurance.

Sections' Directory:

Section 1:	TOURNAMENT COMMITTEE
Section 2:	JUDGING PRINCIPLES AND BASIC REQUIREMENTS
Section 3:	CORNER JUDGES, REFEREES AND JUDGING CRITERIA
Section 4:	BOUT'S STARTING PROCEDURE
Section 5:	BOUT'S REFEREEING TERMINOLOGY
Section 6:	ANNOUNCEMENTS TERMINOLOGY
Section 7:	BOUT'S ENDING PROCEDURE TERMINOLOGY
Section 8:	MATCH AREA
Section 9:	WEIGHT DIVISIONS
Section 10:	DURATION OF THE BOUT AND EXTENSIONS PROCEDURE
Section 11:	EQUIPMENT, PROCEDURE AND RULES FOR COMPETITORS
Section 12:	HALF POINT SCORE (WAZA-ARI)
Section 13:	FULL POINT VICTORY (IPPON GACHI)
Section 14:	WINNER BY DECISION (HANTEI GACHI)
Section 15:	BANNED ACTIONS AND TECHNIQUES
Section 16:	WARNINGS AND PENALTIES PROCEDURE
Section 17:	DISQUALIFICATIONS
Section 18:	RULES FOR COMPETITORS
Section 19:	RULES FOR COACHES AND OFFICIALS
Section 20:	TAMESHI WARI /BREAKING CONTEST
Section 21:	TAMESHI WARI CONDUCT AND TERMINOLOGY

Section 1 TOURNAMENT COMMITTEE

The committee for the tournament should comprehend:

1. A Safety Supervisor
2. A Weight and Protection Supervisor
3. A Head Referee

Section 2 JUDGING PRINCIPLES AND BASIC REQUIREMENTS**A. The competitors' safety**

the safety of the competitors should always be the main priority of the match officials. In a case of an accident the referee must stay calm and act promptly to check the state of the competitor and if necessary, call the authorized tournament doctor.

B. Judging principles and requirements

1. the referee should always be able make fair judgements. If a judge or referee at any time feels that he/she cannot be impartial, he/she should contact the Competition Supervisor to be substituted
2. the referees must be able to make the correct signals and announcements
3. the judges must wear Black trousers, Navy blue shirt and White bow tie and provide their own whistle

Kumite Rules

EKO - 2017

Edited:
December 10, 2016**Section 3 CORNER JUDGES, REFEREES AND JUDGING CRITERIA**

1. The bouts will be judged by 5 match officials; 4 judges and 1 referee
2. The referee gives all the commands and announces all decisions
3. Each judge, including the referee, has one vote
4. All decisions must be majority vote of at least three of the five match officials
5. The doctor may decide to stop about after consulting with the match officials, if a competitor is unable to continue due to an attack (legal or foul)
6. If the bout has been stopped by the doctor due to a foul attack (Hansoku Waza) the fighter who fouled will lose the bout and the opponent will only continue into the next round with the doctor's authorization

Section 4 BOUT'S STARTING PROCEDURE

1. As the competitors are announced the head referee (Sushin) calls the red/white competitor to enter the competition (Shobu) mat area by saying: **"AKA / SHIRO NAKAE!"**
2. The referee commands each competitor as he/she comes to the line to turn towards the official seats (**SHOMEN**) and in Fudo Dachi **"AKA / SHIRO SHOMEN MUIE"**
3. Once both competitors are on the match area the referee proceeds with the opening of the match (**SHIAI-GAISHI**) with the formal greeting, (Aisatsu) with both competitors facing the official seats and bow on the command: **"SHOMEN NI REI!"**
4. Then the competitors face the referee and bow to the command: **"SUSHIN NI REI!"**
Finally the competitors face each other and bow at the command: **"OTAGAI NI REI!"**
5. After the greetings, the referee indicates the competitors to take fighting position on the command: **"KAMAETE!"**
Herewith the referee gives the competitors the command to start the bout with: **"HAJIME!"**

Section 5 BOUT'S REFEREEING TERMINOLOGY**A. Terminology during the match Shiai-Chu:**

- | | | | |
|--------------------------------|-----------------------|-------------------------------|-----------------------|
| 1. Stop the match: | YAME | 6. Grapping: | TSUKAMI |
| 2. Continue fighting / Attack: | ZOKKO | 7. Holding and clinching: | KAKAEKOMI |
| 3. Foul attacks: | KOGEKI | 8. Head butting: | ZUTSUKI |
| 4. Foul attacks to the face: | GANMEN KOGEKI | 9. Pushing: | OSHI |
| 5. Foul attacks to the groin: | KINTEKI KOGEKI | 10. Calling in corner judges: | FUKUSHIN-SHŪGO |

B. The corner judge shall show the following actions with the flag:

- | | | | |
|---------------------|------------------|-----------------------|-----------------|
| 1. Full point | IPPON | 6. Disqualification | SHIKAKU |
| 2. Half Point | WAZA-ARI | 7. No score /no count | MITOMEZU |
| 3. Draw | HIKI-WAKE | 8. Out of match area | JOGAI |
| 4. Official Warning | CHUI | 9. Unclear | FUMEI |
| 5. Penalty | GENTEN | | |

Section 6 ANNOUNCEMENTS TERMINOLOGY

- A. Foul Attack (**Hansoku Waza**): Warning to red/white for head butting: **"Aka/Shiro, Zutsuki, CHUI ICHI!"**
- B. Full point score (**Ippon**): Red/white full point score with lower punch: **"Aka/Shiro, Shita-tsuki, IPPON!"**
- C. Half point score (**Waza-Ari**): Red/White fighter's half point score with front kick: **"Aka/Shiro, Mae-Geri, WAZA-ARI!"**
- D. Two half point scores equal a full point. Announcement of a second Waza-Ari with Gedan-Geri: **"Gedan-Geri, WAZA-ARI! AWASETE IPPON!"**

Kumite RulesEKO - 2017
EKA - 2017Edited:
December 10, 2016**Section 7 BOUT'S ENDING PROCEDURE TERMINOLOGY**

The procedure at the conclusion of a bout (**SHIAI SHURYO**):

- Stop Fighting: **YAME**
- Face the front: **SHOMEN-MUITE**
- The referee indicates judges to be set to raise their flag: **HANTEI-O-TORIMASU**
- The referee requests corner judges' decision: **HANTEI**
- The referee counts the flags ending with the majority decision and announces the victory
- Hereafter he employs the same procedure as in the opening of the bout
- The fighters are facing the official seats: **SHOMEN NI REI**
- The Fighters face the referee and bow: **SUSHIN NI REI**
- The Fighters face each other and bow: **OTAGAI NI REI**
- After the greetings, the referee indicates the fighters to shake hands.
- The fighters should step down from the Shobu (match) mat on the same side as they entered.

Section 8 MATCH AREA

The size of the match area will be 8x8 meters + 1 meter safety zone around this: a total minimum of 10x10 meters mat.

Section 9 WEIGHT DIVISIONS

The heavyweight division will be open for Light and middleweight competitors who wish to enter this division.

There will be 3 weight categories for women:

- LIGHTWEIGHT:** Under 55 kg
- MIDDLEWEIGHT:** From 55 kg to 62,5 kg inclusive
- HEAVYWEIGHT / OPEN:** More than 62,5 kg and Open to lighter contenders

There will be 3 weight categories for men:

- LIGHTWEIGHT:** Under 70 kg
- MIDDLEWEIGHT:** From 70 kg to 80 kg inclusive
- HEAVYWEIGHT / OPEN:** More than 80 kg and Open to lighter contenders

Section 10 - DURATION OF THE BOUT AND EXTENSIONS PROCEDURE

1. In both the Middleweight and Lightweight Divisions, if there is more than 5 kg weight difference, the lighter competitor shall be declared the winner, if there is less than 5 Kg difference a draw is declared and a final extension will be held
2. In the Heavyweight Division, if there is more than 10 kg in weight difference, the lighter competitor shall be declared the winner, if there is less than 10 Kg in weight difference a draw is declared and a final extension will be held
3. In the final extension a winner has to be decided and the judges and referee cannot declare a draw /**HIKI-WAKE** and each judge must declare a win to one of the competitors
4. The time of the bout will run when the referee signals the start with "**HAJIME!**"
5. The time will only be stopped during the match if the referee commands: "**JIKAN!**" (Time-stop) or when the bout's time is up

Kumite Rules

EKO - 2017

Edited:
December 10, 2016

The match procedure and duration of the bouts will diverge in preliminaries, semi-finals and finals

Women

- Preliminaries:** 2 minutes – 2 minutes – Weighing – 2 minutes (Final extension)
Semi-finals: 3 minutes – 2 minutes – 2 minutes – Weighing – 2 minutes (Final extension)
Finals: 3 minutes – 2 minutes – 2 minutes – Weighing – Tameshi Wari – 3 minutes (Final extension)

Men

- Preliminaries:** 3 minutes – 2 minutes – Weighing – 2 minutes (Final extension)
Semi-finals: 3 minutes – 2 minutes – 2 minutes – Weighing – Tameshi Wari – 2 minutes (Final extension)
Finals: 3 minutes – 2 minutes – 2 minutes – 2 minutes – Weighing – Tameshi Wari – 3 minutes (Final extension)

Section 11 - EQUIPMENT, PROCEDURE AND RULES FOR COMPETITORS**1. Equipment**

- A. Fighters must fight in white Dogi. Men must not wear T-Shirt under dogi
- B. Women may only use soft types of breast protectors under white T-shirt
- C. Groin Guards are compulsory
- D. Mouth Guards are optional
- E. All fights are with bare knuckles and without shin pad protection
- F. Bandages and tapes must be authorized by the doctor prior to the bout
- G. All protection must be approved at the registration of the contenders
- H. It is not allowed to fight with glasses. The use of contact lenses is optional.

2. Procedure

- A. Fighters are responsible for being ready on time for each bout
- B. The fighters must enter and exit the match Shobu mat area from each side as indicated by the organisation
- C. The red fight will be will be the contender with the lowest back number and the white competitor the one with highest back number
- D. The red "Aka" fighter will be called in first and should enter the match area on the official front's "Shomen" left side hand side
- E. The white "Shiro" contender should enter the match area on the right side

3. Rules

- A. Competitors should present a medical certificate at the weigh-in. The medical certificate should include health check, HIV test, Hepatitis B&C test and medical declaration that approve participating in full contact fighting.
- B. Competitors for should be a minimum of 18 years of age on the date of the tournament; and at least 4th Kyu.
- C. All competitors must provide information and registration requests through your area Branch Chief or Country Representative.
- D. Only official Branch Chiefs can enter requests of enrolments.
- E. The participation in the world cup is on the competitors' responsibility only.
- F. It is the Competitor's total responsibility to make a specific insurance for knock down fighting.
- G. The host country and NPO IKO Matsushima will not in any way be responsible for any injury or accident that may come about during the tournament.

Section 12 - HALF POINT SCORE (WAZA-ARI)

- A. A legal technique or attack that downs an opponent that is able to recover his standing position within 3 seconds will be judged as Waza Ari, a half point score.
- B. A competitor who is reluctant to fight but resumes the fight within 3 seconds will be judged as a Waza Ari.
- C. It is the referee's and the doctor's combined decision to decide whether a downed Competitor may continue.
- D. A competitor who is awarded a half point score will be given the victory at the end of the bout if no other score have been granted.

Kumite Rules

EKO - 2017

Edited:
December 10, 2016

Section 13 - FULL POINT VICTORY (IPPON GACHI)

- A. A technique or an attack that connects or results in an immediate knock down of the opponent for more than 3 seconds, scores an **IPPON**, a full point
- B. The competitor will be awarded a full point (IPPON) if his opponent is reluctant to fight for longer than 3 seconds as a result of a legal technique
- C. Two half points (**Waza Aris**) will result in a full point **AWASETE IPPON**
- D. The disqualification will automatically give the opponent victory.

Section 14: WINNER BY DECISION (HANTEI GACHI)

- A. If no **IPPON**, **WAZA-ARI** or **HANSOKU** has been given then the aggregate damage during the bout will be taken into account as main priority in the decision
- B. If no damage has been registered, the overall **YUKO UCHIS**, efficient attacks will be the criteria for the decision
- C. In the final extension, where a decision has to be taken, if no **IPPON**, **WAZA ARI** or **YUKO UCHI** has been effectuated, the decision must be taken upon the basis of who has been the most forceful and dynamic during the bout
- D. If a **GENTEN**, a penalisation has been given to a competitor his opponent will be awarded the victory.

Section 15: BANNED ACTIONS AND TECHNIQUES

1. Disobeying the referee's directions
2. Making comments to the referee
3. Straight attacks to the knee joints
4. Any intentioned attack to the opponent's spine from behind
5. Attacks towards a fallen opponent
6. Attacking a downed opponent, while he/she is lying on the floor.
7. Stepping repetitively out of the match mat area **JOGAI**
8. Attacks with hand or elbow techniques, **UDE-WAZA** to the head, neck or face
9. Grappling **TSUKAMI**
10. Attacking while hook holding **KAKE TSUKAMI**
11. Holding or clinching **KAKAEKOMI**
12. Pushing **OSHI**
13. Head butting **ZUTSUKI**
14. Kick to the groin **KINTEKI-GERI**
15. Retreating continually out of the match area and to avoid or refrain from fighting
16. Constant bad attitude or behaviour towards the referee or competition
17. Any fighter who refuses to fight over a longer period of time (30 seconds) can be disqualified.

Section 16: WARNINGS AND PENALTIES PROCEDURE

The following procedure for announcements of warnings and penalties should be implemented by the referee towards foul techniques or actions:

1. **FIRST WARNING:** The referee points to the offender's stomach saying: "**CHUI-ICHI!**"
2. **SECOND WARNING / FIRST PENALTY:** The referee points to the offender's stomach saying: "**CHUI-NI!**" he then points to the offender's face with: "**(Awasete) GENTEN-ICHI!**"
3. **THIRD WARNING:** The referee points to the offender's stomach saying: "**CHUI-ICHI!**"
4. **FOURTH WARNING / SECOND PENALTY / DISQUALIFICATION:** The referee points to the offender's stomach saying: "**CHUI-NI!**" the referee, then points 2 fingers to the offender's face with: "**(Awasete) GENTEN-NI!**", and finally disqualifies the offender by pointing to the offender's face, then to the outside of the match area, indicating him/her to leave the area by announcing: "**SHIKKAKU!**"
5. Serious infringements may result in penalties without warnings.

Kumite Rules

EKO - 2017
EKA - 2017Edited:
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Section 17 DISQUALIFICATIONS

The following circumstances may result in disqualifications **SHIKKAKU**:

1. In the case of second penalisation **GENTEN-NI**
2. Constant disobeying the referee's instructions
3. All actions regarded as absolute violence or intentional fouls
4. Any contender who refuses to engage in fighting during a match after the referee has appealed to the fighter to do so 3 times
5. If both contenders show unwillingness to engage in fighting for more than 30 seconds, both fighters will be disqualified
6. **NO SHOW**: a competitor that does not appear when called in for a bout within 1 minute will be disqualified

Section 18: RULES FOR COMPETITORS

1. The minimum age for competitors must be 18 years on the day of competition. The maximum age and minimum weight permitted in the lightweight category will be left to the discretion of the tournament doctors of the organizing country.
2. If a competitor loses by Knock Out to the head and is declared unconscious by the tournament Doctor it must be recorded in the tournament report and they cannot compete again for at least 6 months.
3. The competitor must wear a clean white dogi. When competing one competitor will wear his/hers own belt plus an extra red string. The other competitor will wear his/hers own belt only.
4. Finger and toe nails must be cut short, no protective clothing, bandages or guards must be worn other than a genital guard for men under the dogi. Women must wear soft type beast protectors only, white shin protectors and a genital guard. All protectors must be approved by the Weight and protection Supervisor.
5. Is not allowed to fight with glasses; the use of contact lenses are optional.
6. In case of injury to a competitor, the wearing of bandages or other protective materials is at the absolute discretion of the tournament doctor and the head referee. Bandages or tape are not allowed in the first round and thereafter it is at the discretion of the doctor.

Section 19: RULES FOR COACHES AND OFFICIALS

1. Coaches should wear their official national track suite during all the competition.
2. Representatives of teams should be in official wear carrying national emblems.

Kumite Rules

EKO - 2017

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The Tameshi-Wari contest is compulsory for semi-finalists (12 contestants) and female finalists (6 contestants) with the following 4 techniques:

1. **SEIKEN** (punch with the fist)
2. **SHUTO** (Strike with the edge of hand)
3. **HIJI** (Elbow strike)
4. **KAKATO-** or **SOKUTO-GERI** (Downward Heel or Side kick)
 - A. The minimum amount of boards for male contestants will be 2 boards and 1 board for female contestants.
 - B. Points are awarded per amount of boards broken
 - C. The total sum of broken boards will be base on which the "Decision on Tameshi Wari" will be made when no sufficient weight difference is found between the fighters
 - D. Contestants who fail to break the boards in the first attempt will have second attempt at the minimum amount of boards
 - E. Contestants who fail the second attempt with a specific technique will not score any points
 - F. Any materials as cloths or towels must be recognised by the Tameshi Wari supervisor
 - G. The contestants have 30 seconds to break the boards.

Section 21 TAMESHI WARI CONDUCT AND TERMINOLOGY**A. Tameshi Wari area:**

The Tameshi Wari contest will be held on the ceremony stage (not on competitions mat area)

B. Procedure of the contestants:

The Tameshi Wari contest will commence with the 6 female finalists and end with the 12 male semi-finalists.

The contestants must all be facing the official seats and stand in **Fudo Dachi** when standing and sit in **Seiza** or **Anza** (if indicated by the Tameshi Wari contest official) when sitting down.

The contestants who succeed breaking the boards must sit down.

The contestants who fail keep standing.

C. Announcements of the Start of Tameshi Wari contest:

Bow for official table

SHOMEN NI REI

Turn around 180° towards the Tameshi-wari official

MAWATTE

Bow to official

SHIMPAN NI REI

Standby / Get Ready

KAMAETE

Start breaking the boards (within 30 seconds)

HAJIME**D. Announcements of results**Successful breaking **KANSUI**

The Tameshi Wari contest official should rise the right arm 45° indicating a successful attempt, pronouncing:

1. **NAME of contestant**
2. **BACK NUMBER**
3. **NUMBERS OF BROKEN BOARDS**
4. **"KANSUI!"**

Failed breaking **SHIPPAI**

The Tameshi Wari official crosses his arms downwards gesticulating from side to side indicating a failed attempt, pronouncing:

1. **NAME of contestant**
2. **BACK NUMBER**
3. **"SHIPPAI!"**